

Quilt of Valor Quilt – Proud American

69 3/4" x 73 3/4"

This is an easy quilt put together quickly with large simple blocks, sashing and a single border.



Fabric Requirements

Read all instructions before cutting fabric. Fabric requirements will be based on fabrics used in pictured quilt and have been calculated using 42 1/2" WOF after selvages removed. You may need to adjust some fabric requirements depending on your fabric choices.

All seams are sewn with a scant 1/4" seam allowance unless otherwise stated in instructions.

Center Squares

Fabri-Quilt American Pride Panel 112-3059 1 Panel

Fabric 1: Sashing

Fabri-Quilt American Pride Checks 112-3061 1 1/4 yards

Fabric 2: Half Square Triangle Blocks

Fabri-Quilt American Pride Words 112-3060 1 1/4 yards

Fabric 3: Half Square Triangle Blocks

Joann Fabrics Patriotic Dots on Red 15833791 1 1/4 yards

Fabric 4: Nine-patch Blocks, Binding

P&B Textiles Color Weave Red CWE4204R 1 1/4 yards

Fabric 5: Nine-patch Blocks, Outside Border, Backing

Moda Grunge Basics BasicGrey Cobalt Blue 30150-223 6 3/4 yards

Batting

Hobbs Heirloom 80/20 Bleached 72" x 90" of packaged or
2 yards x at least 90" width of by-the-yard

Cutting & Joining Instructions

Joined strips are done with a diagonal seam, trimmed to 1/4" seam allowance and pressed open or to one side.

Border & Sashing strip sub-cuts are 1" longer to allow for even trimming after adding to quilt top.

Fabric 1				
Piece		Strips	Sub-cut Size	
Sashing	Inner Vertical Strips	Cut 6 strips 2.25" x WOF	Strips 1 - 6	
Sashing	Inner Vertical Strips	2.25" Strip 1	2	2.25" x 15" strip
Sashing	Inner Vertical Strips	2.25" Strip 2	2	2.25" x 15" strip
Sashing	Inner Vertical Strips	2.25" Strip 3	2	2.25" x 15" strip
Sashing	Inner Vertical Strips	2.25" Strip 4	2	2.25" x 15" strip
Sashing	Inner Vertical Strips	2.25" Strip 5	2	2.25" x 15" strip
Sashing	Inner Vertical Strips	2.25" Strip 6	2	2.25" x 15" strip
Sashing	Inner Vertical Strips	Cut 6 strips 2.25" x WOF	Strips 7 - 12	
Sashing	Inner Horizontal Strips	2.25" Strip 7 & Strip 8 Joined	1	2.25" x 60.75" strip
Sashing	Inner Horizontal Strips	2.25" Strip 9 & Strip 10 Joined	1	2.25" x 60.75" strip
Sashing	Inner Horizontal Strips	2.25" Strip 11 & Strip 12 Joined	1	2.25" x 60.75" strip
Sashing	Sides, Top & Bottom	Cut 8 strips 2.25" x WOF	Strips 13 - 20	
Sashing	Side	2.25" Strip 13 & Strip 14 Joined	1	2.25" x 60.75" strip
Sashing	Side	2.25" Strip 15 & Strip 16 Joined	1	2.25" x 60.75" strip
Sashing	Top	2.25" Strip 17 & Strip 18 Joined	1	2.25" x 64.25" strip
Sashing	Bottom	2.25" Strip 19 & Strip 20 Joined	1	2.25" x 64.25" strip
Fabric 2				
Piece		Strips	Sub-cut Size	
Block 1	HST Blocks	Cut 2 strips 14.625" x WOF	Strips 1 - 2	
Block 1	HST Blocks	14.625" Strip 1	2	14.625" squares
Block 1	HST Blocks	14.625" Strip 2	2	14.625" squares
Fabric 3				
Piece		Strips	Sub-cut Size	
Block 1	HST Blocks	Cut 2 strips 14.625" x WOF	Strips 1 - 2	
Block 1	HST Blocks	14.625" Strip 1	2	14.625" squares
Block 1	HST Blocks	14.625" Strip 2	2	14.625" squares
Fabric 4				
Piece		Strips	Sub-cut Size	
Block 2	9-Patch Blocks	Cut 3 strips 5" x WOF	Strips 1 - 3	
Block 2	9-Patch Blocks	5" Strip 1	8	5" squares
Block 2	9-Patch Blocks	5" Strip 2	8	5" squares
Block 2	9-Patch Blocks	5" Strip 3	4	5" squares
Binding	Binding	Cut 8 strips 2.5" x WOF	Strips 4 - 11	
Binding	Binding	2.5" Strips 4 - 11 Joined	N/A	N/A

Fabric 5				
Piece		Strips	Sub-cut Size	
Block 2	9-Patch Blocks	Cut 2 strips 5" x WOF	Strips 1 – 2	
Block 2	9-Patch Blocks	5" Strip 1	8	5" squares
Block 2	9-Patch Blocks	5" Strip 2	8	5" squares
Outside Border	Sides	Cut 4 strips 3.5" x WOF	Strips 3 – 6	
Outside Border	Side	3.5" Strip 3 & Strip 4 Joined	1	3.5" x 64.25" strip
Outside Border	Side	3.5" Strip 5 & Strip 6 Joined	1	3.5" x 64.25" strip
Outside Border	Top & Bottom	Cut 4 strips 5.5" x WOF	Strips 7 – 10	
Outside Border	Top	5.5" Strip 7 & Strip 8 Joined	1	5.5" x 70.25" strip
Outside Border	Bottom	5.5" Strip 9 & Strip 10 Joined	1	5.5" x 70.25" strip
Backing	Backing	Cut 2 sections of 2.5 yards each	2	90" x 42.5"

Block Construction

Block 1 – 14" Block (13 1/2" finished)

For each 2 blocks:

Half Square Triangles (HST)

1 – 14 5/8" squares Fabric 2

4 – 14 5/8" squares Fabric 3

The HST 14 5/8" squares have a generous 1 1/8" added to their size rather than the standard 7/8" to ensure squares can be trimmed to size needed for the completed block.

Draw a diagonal line from corner to corner, upper left to lower right on the wrong side of the Fabric 2 squares.

Place two squares right sides together matching edges with the lined fabric on top.

Sew the pieces together 1/4" from both sides of the center line.

Cut the pieces apart on the drawn line.

Set the seams.

Press the seam allowance to the Fabric 2 side.

Trim the HST block to 14" squares.

Make 8 blocks.



Block 2 – 14" Block (13 1/2" finished)

For each block:

9-Patch

5 – 5" squares Fabric 4

4 – 5" squares Fabric 5

Sew three rows of three squares alternating fabrics as shown in below diagram.

Set the seams.

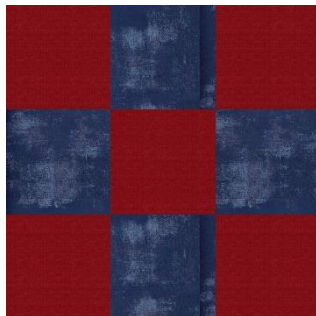
Press the seam allowances on Row 1 and 3 to the middle square.

Press the seam allowances on Row 2 to the outer squares.

Sew the rows together to make the block, matching the seams in each row.

Trim the block to 14" squares.

Make 4 blocks



Panel Blocks:

Separate and trim each of the 4 blocks in the panel to 14" squares.

Quilt Construction

Row 1:

Piece the row as follows:

9-Patch block
Inner Vertical sashing strip
Trim sashing strip even with block
HST block with Fabric 2 to upper left
Inner Vertical sashing strip
Trim sashing strip even with block
HST block with Fabric 2 to upper right
Inner Vertical sashing strip
Trim sashing strip even with block
9-Patch block

Row 2:

Piece the row as follows:

HST block with Fabric 2 to upper left
Inner Vertical sashing strip
Trim sashing strip even with block
Panel block
Inner Vertical sashing strip
Trim sashing strip even with block
Panel block
Inner Vertical sashing strip
Trim sashing strip even with block
HST block with Fabric 2 to upper right

Row 3:

Piece the row as follows:

HST block with Fabric 2 to lower left
Inner Vertical sashing strip
Trim sashing strip even with block
Panel block
Inner Vertical sashing strip
Trim sashing strip even with block
Panel block
Inner Vertical sashing strip
Trim sashing strip even with block
HST block with Fabric 2 to lower right

Row 4:

Piece the row as follows:

9-Patch block
Inner Vertical sashing strip
Trim sashing strip even with block
HST block with Fabric 2 to lower left
Inner Vertical sashing strip
Trim sashing strip even with block
HST block with Fabric 2 to lower right
Inner Vertical sashing strip
Trim sashing strip even with block
9-Patch block

Assemble Rows:

Sew Row 1 and Row 2 together with an inner horizontal sashing strip between them.

Trim sashing ends even with end of rows.

Sew the second inner horizontal sashing strip to the bottom of Row 2

Sew Row 3 to the second inner horizontal sashing strip.

Trim sashing ends even with end of rows.

Sew the third inner horizontal sashing strip to the bottom of Row 3

Sew Row 4 to the third inner horizontal sashing strip.

Trim sashing ends even with end of rows.

Sashing Border:

Side Sashing – each measure 2 1/4" x 59 3/4" unfinished after trimming

Sew side strips to center quilt center.

Set seams & press to border side.

Trim ends even with center top & bottom.

Top & Bottom Sashing – each measure 2 1/4" x 63 1/4" unfinished after trimming

Sew top & bottom strips to quilt center.

Set seams & press to border side.

Trim ends even with side sashing.

Outside Border:

Side Borders - each measure 3 1/2" x 63 1/4" unfinished after trimming

Sew side strips to side sashing.

Set seams & press to border side.

Trim ends even with top & bottom sashing.

Top & Bottom Borders – each measure 5 1/2" x 69 1/4" unfinished after trimming

Sew top & bottom strips to top & bottom, sashing.

Set seams & press to border side.

Trim ends even with side borders.

Backing:

Piece together the 90" long sections with 1/2" seam allowance to make a piece that is 84" wide for the backing.

Trim width to 72" wide to match the batting size of 72" x 90".

Quilting:

Sandwich the Backing, wrong side up, the batting, and the quilt top, right side up.

Baste as desired.

Quilt as desired.

Binding:

Join binding with diagonal seams. Trim seam allowances to 1/4" and press open or to one side. Fold binding in half width-wise (French-fold) and press. Hand or machine stitch binding to quilt.

Finishing:

Add a quilt label to the quilt.

Wash the quilt in cold water with mild detergent, no bleach. Tumble dry on low heat.

Finished Quilt



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